



BEN JONES

Physiotherapist

HILLS PHYSIOTHERAPY

Hi everyone!

For those that don't know me my names Ben Jones and I've been playing tennis at Eildon Park since I was 14. From the age of 16 to 22 I was an assistant coach working with LEEP Tennis Academy and later Muscillo Tennis Academy, whilst I completed my Degree in Exercise and Sport Science- and later the Doctor of Physiotherapy at Melbourne University. With a few flags under my belt with a bunch of mates from the club, I'm currently playing Grade 2 pennant in the Winter, and Challenge Cup in the summer.

Throughout my studies I undertook an Internship with Rowville Sports Academy, focusing on athletic development and strength and conditioning in young athletes, and later "shadowed" with the Principal Physiotherapist Ben Kewish at Hills Physiotherapy for 6 months. From this experience, I was lucky enough to land an amazing job with Hills Physiotherapy where I currently work between the Emerald clinic (20 minutes up Wellington Road) and Rowville clinic (above the Butlers Pantry at Wellington Village).

With Eildon Park being my 2nd home for over six years, I thought it would be great to give back and get involved with the club so **I'll be offering ALL Eildon Park Tennis Club members 20% off Physiotherapy treatment sessions** with myself (note we also offer Emergency Services members this same discount).

Additional services I can offer are:

Clinical Reformer Pilates (machine based) at both Emerald and Rowville clinics
Hydrotherapy at the Monbulk Aquatic Centre and Paul Saddler Swimland in Rowville
Strength and conditioning programs
Sports and Family Physiotherapy

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